



LIGHTHOUSE CLINIC

Guidance. Healing. A Brighter Tomorrow.

*Stronger
Together*

WOMEN'S

Supportive Therapy Group

A supportive space to connect, process, and grow.

Join a welcoming therapeutic group created for women seeking connection and support while navigating life's challenges.

TOPICS MAY INCLUDE:

-  Grief & loss
-  Life transitions
-  Relationships
-  Parenting
-  Stress & emotional wellness
-  Boundaries & self-care
-  Personal growth and connection

*"A safe space
for real conversations,
healing and a brighter
tomorrow."* 



**EVERY OTHER
SATURDAY**

9:00 AM – 10:30 AM



Lighthouse Clinic

2524 E. Webster Place, Suite 203
Milwaukee, WI 53211

INTERESTED IN JOINING?

All potential participants complete a brief individual assessment/screening before joining the group. This helps determine whether the group is an appropriate fit and supports a safe, respectful, and supportive environment for everyone.



Please send referrals or screening requests directly to:

Theresa Turner, LPC-IT

TTurner@TheLighthouseClinic.com

Participation is based on completion of the screening process and appropriateness for the group setting.

CONNECT • SUPPORT • HEAL • GROW